



Spencer J. Cox
Governor

Declaration

Whereas, in 2021, 48,183 Americans died by suicide, with 1.7 million suicide attempts nationwide;

Whereas, suicide was the 11th leading cause of death in the United States in 2021;

Whereas, suicide was the second leading cause of death in the United States in 2021 for 15-19 year olds;

Whereas, in 2021, Utah ranked 28th in the nation for suicide deaths;

Whereas, in 2021, Utah lost 643 people to suicide;

Whereas, in 2021, suicide ranked as the ninth leading cause of death in Utah, and the leading cause of death for ages 10 to 24;

Whereas, people of all races, religions, ages, genders, sexual orientations, disabilities, genetics or other factors can experience a loss of hope;

Whereas, a Day of Hope would create an opportunity to raise awareness of mental health issues existing among Utah citizens; and,

Whereas, it is suitable and appropriate on a Day of Hope, and everyday, to support and empower those struggling with mental health issues;

Now, therefore, I, Spencer J. Cox, governor of the state of Utah, do hereby declare Feb. 16, 2024, as a

Day of Hope in Utah

Spencer J. Cox
Governor